

Adolescent Inpatient Substance Use Rehabilitation



Our residential substance use program utilizes the Seven Challenges® model for treating adolescents ages 13 to 17. Teens may struggle with complex issues along with substance use and need treatment tailored to their unique needs. We can help patients evaluate their lives, consider desired changes and succeed in long-term recovery.

Our program can include:

- Evaluation by a psychiatric provider
- Thorough assessment and oversight by a licensed clinician
- 24-hour nursing care
- Educational and therapeutic groups
- Individual and family therapy as needed
- Group therapy and education for family members
- Specialized therapy (art, music, recreation)
- Alcoholics Anonymous® groups

A multidisciplinary team provides each adolescent with an individualized treatment plan with a focus on problem-solving, measurable objectives and meeting criteria for discharge. Our goal is for each patient to create a healthy balance between the mental, physical and spiritual aspects of their lives.



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Treatment for the long-term

After completing the program, patients are referred to a lower level of care (part-time day treatment, full-time day treatment or aftercare program) based on their needs. Our substance use part-time day treatment is offered virtually for patients who don't live in the area.

Referrals

Individuals can call to schedule an assessment, and walk-ins are welcome 24/7. Referrals can be made from local and regional healthcare professionals.

Insurance

Services are covered by most insurance and managed care companies, including Kentucky Medicaid and TRICARE®.

We are here 24/7.
Call 502-426-6380
to schedule a
no-cost assessment.



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thebrookhospitals.com |   

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